



# NFTY HEALTH AND SAFETY FORM | 2011-12

The information on this form is gathered to assist us in identifying appropriate care. The more information we have, the better able we are to ensure a safe and healthy event. This form is to be filled in by parents/guardian of minors or by adults themselves. **NO DOCTORS VISIT REQUIRED.**

**Return signed and completed form to NFTY regional staff member prior to event.**  
For address, fax number or e-mail address visit regional website or go to [www.nfty.org/contactus](http://www.nfty.org/contactus) for a directory

Form must be signed by participant, parent/guardian & congregational representative (Rabbi/Cantor/Educator/Advisor)



**UPDATE FORM B - Replaces any form submitted prior to this date during 2011-12 NFTY year (JUNE 15, 2011 - JUNE 15, 2012)**

Today's Date: \_\_\_\_\_

Name Last \_\_\_\_\_ First \_\_\_\_\_ Middle \_\_\_\_\_

Gender:  M  F Birth Date \_\_\_\_\_ Age \_\_\_\_\_ Grade in School \_\_\_\_\_ NFTY Region \_\_\_\_\_

Participant Phone \_\_\_\_\_ Participant Cell Phone \_\_\_\_\_

Temple Youth Group \_\_\_\_\_ Congregation \_\_\_\_\_

TYG Advisor \_\_\_\_\_ TYG Advisor Phone \_\_\_\_\_

Parent/Guardian 1 _____	Parent/Guardian 2 _____
Home Phone _____ Work Phone _____	Home Phone _____ Work Phone _____
Cell Phone _____	Cell Phone _____
Home Address _____	Home Address _____
City _____ State _____ Zip _____ Country _____	City _____ State _____ Zip _____ Country _____
Participant lives with: <input type="checkbox"/> Parent/Guardian 1 <input type="checkbox"/> Parent/Guardian 2 <input type="checkbox"/> Both	

### EMERGENCY CONTACT INFORMATION

 If Parent(s)/Guardian(s) are not available in an emergency, please contact:

Name \_\_\_\_\_ Relationship \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

**Allergies:**  No known allergies  This participant is allergic to:  Food  Medicine  Environmental (insect stings, hay fever, etc)  Other

(Please describe below what participant is allergic to and the reaction seen.) If necessary please attach a separate sheet.

### INSURANCE INFORMATION

 Is the participant covered by family medical/hospital insurance?  Yes  No

If so, indicate carrier/plan name \_\_\_\_\_ Group # \_\_\_\_\_ Policy # \_\_\_\_\_

Carrier Address \_\_\_\_\_

Claims/Phone Authorization # \_\_\_\_\_ Co-Pay Amount \_\_\_\_\_

Name of Insured \_\_\_\_\_ Relationship to Participant \_\_\_\_\_

### PRESCRIPTION PLAN INFORMATION

Name of Insured \_\_\_\_\_ Insured SS# \_\_\_\_\_ Relationship to Participant \_\_\_\_\_

Company Name \_\_\_\_\_ Group # \_\_\_\_\_ Policy # \_\_\_\_\_

Prescription Information # \_\_\_\_\_ Co-Pay Amount: Generic \_\_\_\_\_ Brand \_\_\_\_\_

**PARTICIPANT NAME:** \_\_\_\_\_

## HEALTH HISTORY

### GENERAL QUESTIONS - Explain "yes" answers below

Has/does the participant:	YES	NO		YES	NO
Had any recent injury, illness or infectious disease? .....	<input type="checkbox"/>	<input type="checkbox"/>	Ever had treatment for drug/alcohol abuse? .....	<input type="checkbox"/>	<input type="checkbox"/>
Have a chronic or recurring illness/condition? .....	<input type="checkbox"/>	<input type="checkbox"/>	Have a history of smoking? If so, how many? .....	<input type="checkbox"/>	<input type="checkbox"/>
Ever been hospitalized? .....	<input type="checkbox"/>	<input type="checkbox"/>	Ever had problems with joints (e.g., knees, ankles)? .....	<input type="checkbox"/>	<input type="checkbox"/>
Ever had surgery? .....	<input type="checkbox"/>	<input type="checkbox"/>	Have an orthodontic appliance being brought to camp? .....	<input type="checkbox"/>	<input type="checkbox"/>
Have frequent headaches? .....	<input type="checkbox"/>	<input type="checkbox"/>	Have any skin problems (e.g., itching, rash, acne)? .....	<input type="checkbox"/>	<input type="checkbox"/>
Ever had a head injury? .....	<input type="checkbox"/>	<input type="checkbox"/>	Have diabetes? (Date of onset).....	<input type="checkbox"/>	<input type="checkbox"/>
Ever been knocked unconscious?.....	<input type="checkbox"/>	<input type="checkbox"/>	Have asthma? (Date of onset) .....	<input type="checkbox"/>	<input type="checkbox"/>
Wear glasses, contacts or protective eye wear?.....	<input type="checkbox"/>	<input type="checkbox"/>	Had mononucleosis in the past 12 months? .....	<input type="checkbox"/>	<input type="checkbox"/>
Ever had frequent ear infections? .....	<input type="checkbox"/>	<input type="checkbox"/>	Had problems with diarrhea/constipation? .....	<input type="checkbox"/>	<input type="checkbox"/>
Ever passed out during or after exercise?.....	<input type="checkbox"/>	<input type="checkbox"/>	Have problems with sleepwalking? .....	<input type="checkbox"/>	<input type="checkbox"/>
Ever been dizzy during or after exercise? .....	<input type="checkbox"/>	<input type="checkbox"/>	Have a history of bed-wetting?.....	<input type="checkbox"/>	<input type="checkbox"/>
Ever had seizures/convulsions?.....	<input type="checkbox"/>	<input type="checkbox"/>	Ever had an eating disorder? .....	<input type="checkbox"/>	<input type="checkbox"/>
Ever had chest pain during or after exercise? .....	<input type="checkbox"/>	<input type="checkbox"/>	Ever had emotional difficulties for which professional help was sought? .....	<input type="checkbox"/>	<input type="checkbox"/>
Ever had high blood pressure? .....	<input type="checkbox"/>	<input type="checkbox"/>	Ever been diagnosed with ADD/ADHD? .....	<input type="checkbox"/>	<input type="checkbox"/>
Ever been diagnosed with a heart murmur? .....	<input type="checkbox"/>	<input type="checkbox"/>	Ever been diagnosed with depression .....	<input type="checkbox"/>	<input type="checkbox"/>
Ever had back problems?.....	<input type="checkbox"/>	<input type="checkbox"/>	Ever been diagnosed with Autistic Spectrum Disorder.....	<input type="checkbox"/>	<input type="checkbox"/>
Ever had epilepsy? .....	<input type="checkbox"/>	<input type="checkbox"/>			

Please explain any "yes" answers, noting the number of the question being addressed.

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## PRESCRIPTION MEDICATIONS BEING TAKEN

List all prescription medications. Bring enough medication to last entire time at the event. Keep it in the original packaging bottle that identifies the prescribing physician, name of the medication, dosage, and frequency of administration. Participants are responsible for keeping and administering their own meds.

This person takes **NO** medications on a routine basis.

This person takes medications as follows:

Med #1 \_\_\_\_\_ Dosage \_\_\_\_\_ Specific times taken each day \_\_\_\_\_

Reason for taking \_\_\_\_\_

Med #2 \_\_\_\_\_ Dosage \_\_\_\_\_ Specific times taken each day \_\_\_\_\_

Reason for taking \_\_\_\_\_

*Attach additional pages for more medications or information about side effects.*

## OVER THE COUNTER MEDICATIONS

My child may be given over the counter medications (such as headached relief medicine, cough drops, decongestants, etc.)  Yes  No

List any over the counter medications that may **NOT** be administered:

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## RESTRICTIONS

### Dietary

Does not eat red meat  Does not eat fish  Does not eat eggs  Does not eat poultry  Does not eat dairy products

Kosher (please note: Kosher food may not be available)  Other (describe) \_\_\_\_\_

Explain any restrictions to activity (e.g., what cannot be done, what adaptations or limitations are necessary).

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**PARTICIPANT  
NAME:** \_\_\_\_\_

**Health and Safety Authorizations - PARENT/GUARDIAN SIGNATURE REQUIRED**

**Disclosure of Medical Information** I understand that the Union for Reform Judaism (URJ) - North American Federation of Temple Youth (NFTY) is not defined as an entity subject to HIPAA and therefore is not covered by HIPAA regulations concerning patient medical records. I also understand and agree that situations may necessitate that my child's medical information be shared with the event staff and/or event medical staff. I give permission to any Health Care Provider, such as a hospital or physician to share my child's medical information with the event medical staff, for treatment purposes.

**Health and Safety** This health history is correct and complete to my knowledge. The person herein described has permission to engage in all program activities except as noted. I hereby give permission to URJ-NFTY to provide routine health care, and seek emergency medical treatment including ordering x-rays or routine tests. I agree to the release of any records necessary for insurance purposes. I give permission to URJ-NFTY to arrange necessary related transportation for my child. In the event that I cannot be reached in an emergency, I hereby give permission to the physician/health care provider selected by the URJ to secure and administer treatment, including hospitalization, for the person named above. This completed form may be photocopied and/or stored electronically, for access in an emergency.

**Update of Health Related Information** I understand that this Health and Safety form will be on file for future URJ-NFTY events through June 15, 2012. I understand and agree that it is my responsibility to provide URJ-NFTY with any changes, or updated health related information prior to each event. I agree to complete and submit Form B – Updated Health Information noting the most current information.

**B'rit Kehillah—Code of Conduct** We understand that part of the Union experience involves activities, group living arrangements and interactions that may be new to my child. These things come with certain risks and uncertainties beyond what my child may be used to dealing with at home. I am aware of these risks, and I am assuming them on behalf of my child. I realize that no environment is risk free and so I have instructed my child on the importance of abiding by the B'rit Kehillah—Code of Conduct. My child and I both agree that he or she is familiar with these rules and will obey them. We further understand that sanctions imposed by the Event Director for violation could include immediate expulsion from the event, at the expense of the parent or guardian.

**Event transportation** I give my permission for my son/daughter to be driven to and from the event by authorized vehicle (bus or automobile) transportation. I understand that my son/daughter may not drive to or during the event. I agree to indemnify and hold harmless the Union for Reform Judaism, their employees, volunteers, and members from any harm which may come to my son/daughter while driving to or from the event. I also am aware that it is the responsibility of my son/daughter to notify the URJ-NFTY office of his/her transportation arrangements to and from the event when this information becomes available.

The North American Federation of Temple Youth (NFTY) and the Union for Reform Judaism (URJ) have my permission to use any recording, or other depiction of (whether by sound, video, photography or other means) or testimonials by (written or verbal) my child or any family member for the purpose of promoting NFTY, the URJ and its programs.

Signature of Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_

**B'rit Kehillah/Code of Conduct Agreement - PARTICIPANT SIGNATURE REQUIRED**

**B'rit Kehillah—Code of Conduct** I have read the B'rit Kehillah—Code of Conduct and I understand that these rules of behavior apply from the time I leave home for the event, during the event itself, and until I return home after the event.

Signature of Participant \_\_\_\_\_ Date \_\_\_\_\_

**Congregational Certification - RABBI/CANTOR/EDUCATOR/ADVISOR SIGNATURE REQUIRED**

**Congregational Certification** I certify that this participant is a member in good standing of his/her congregation's youth group, and the congregation is a member in good standing of the Union for Reform Judaism, and is eligible to participate in regional and North American events.

Signature of Congregational Representative \_\_\_\_\_ Date \_\_\_\_\_  
This can be signed by Rabbi, Cantor, Educator or Youth Advisor



NORTH AMERICAN FEDERATION OF TEMPLE YOUTH

## NFTY's *B'RIT K'HILAH*—Code of Conduct

### ברית קהילה

**I will promote the creation of a religious youth community based on mutual respect and a sense of personal well-being. I will treat others with *kavod* (honor and respect) because we are created *b'tzelem Elohim* (in the image of God). I have read the following rules, designed to promote the health and safety of all event participants, and have indicated my complete acceptance by my signature and that of my parent/guardian.**

I will not possess, consume, or distribute alcoholic beverages, other than that served by adult leadership for Jewish sacramental purposes, even if I am of legal drinking age.

I will not possess, use, or distribute any illegal drug or drug paraphernalia.

I will not smoke or consume or distribute tobacco products at any time during the event.

I will attend and participate fully in the entire event, unless otherwise agreed upon with the NFTY Regional staff member.  
I will arrive on time, stay until the end, and remain on the event premises at all times.

I will not bring or use any weapons, firearms, or anything that may be construed as a weapon.

I will not commit any illegal act. I understand that vandalism, disturbing the peace, or other inappropriate behavior as determined by the adult leadership in accordance with the youth leadership will not be tolerated. I understand that I will have to pay for any damage that I cause. I understand that no gambling is allowed, except for fundraisers approved by the adult leadership.

I will abide by the event curfew announced by the leadership. After each event session, I will go directly to my cabin, hotel room, or host home and remain there until the next session.

I understand that no guests are allowed at any event, unless the adult leadership grants permission in advance, and that any unauthorized guests will be asked to leave immediately.

I will not drive to, during, or from events, unless advance permission for a special situation is requested in writing by my parent/guardian and granted in writing by the NFTY Regional staff member. This includes driving to/from my home to meet NFTY's designated transportation.

I will not participate in any activities that could be deemed as hazing, sexually harassing, demeaning, or hurtful.

I agree to refrain from inappropriate sexual behavior.

I agree to abide by any additional rules, pertinent to a specific event, which may be announced, and to accept the consequences of their violation.

**I understand that these rules of behavior apply from the time I leave home for the event, during the event itself, and until I return home after the event.**

**We understand that part of the NFTY experience involves activities, group living arrangements and interactions that may be new to my child. These things come with certain risks and uncertainties beyond what my child may be used to dealing with at home. I am aware of these risks, and I am assuming them on behalf of my child. I realize that no environment is risk free and so I have instructed my child on the importance of abiding by NFTY's *B'rit K'hilah*—Code of Conduct. My child and I both agree that he or she is familiar with these rules and will obey them. We further understand that sanctions imposed by the NFTY Regional staff member for violation could include immediate expulsion from the event, at the expense of the parent or guardian.**

**My signature, and the signature of my parent/guardian, on the attached Health and Safety Form for Union for Reform Judaism Youth Programs, affirm my agreement to the rules and policies of NFTY and this *B'rit K'hilah*.**